



Getting Them Sober You Can Help

By Toby Rice Drews

Recovery Communications. Paperback. Book Condition: New. Paperback. 140 pages. Dimensions: 8.4in. x 5.4in. x 0.5in. ABOUT THE BOOK --Hundreds of practical and effective suggestions for sobriety and recovery. Over a million copies sold -- this book is endorsed by Dr. Norman Vincent Peale, by dear Abby (this book should be read by everyone), and by Melody Beattie (author of Codependent No More) who said Getting Them Sober is the BEST book for families of the still-drinking alcoholic. From the Introduction to the book --- While the alcoholic lies passed out, anesthetized, the family goes through the years of his drinking -- - stark, raving sober. They believe lies, expect miracles, have him locked up, bail him out, wish he were dead, and pray that he gets home safely. If the spouse of the alcoholic changes his or her behavior, as outlined in this book, the alcoholic has an 80 percent better chance to get sober. CHAPTER TITLES INCLUDE--- No more taking the blame for someone elses drinking! Be gentle with yourself Dont worry about whether hes really an alcoholic Dont pour out the booze Learn to relax Dont be afraid of losing him because youre changing Stop arguing with him (it works!)



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Reviews

A must buy book if you need to adding benefit. It is rally intriguing through reading time period. I am pleased to tell you that here is the very best book i actually have study in my very own lifestyle and may be he finest ebook for at any time.

-- Ms. Lora West Jr.

Basically no words to describe. We have read through and i also am sure that i am going to going to read once more once again later on. You may like just how the article writer compose this publication.

-- Mrs. Jane Quitzon DDS