



## The Chakra Book: Energy and Healing Power of the Subtle Body

By Osho, Osho International Foundation

Osho International. Paperback. Book Condition: new. BRAND NEW, The Chakra Book: Energy and Healing Power of the Subtle Body, Osho, Osho International Foundation, In this volume, Osho gives an overview of the Eastern science behind the energy centers in the human body that are sometimes known as chakras. It is a science that underlies traditional Chinese medicine, Indian Ayurveda, and the practice of kundalini yoga, among other disciplines that recognize the deep connection between mind and body. Osho also shows how these same principles apply to human psychological growth and maturation and the evolution of consciousness.



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